



Please help support this charitable service by donating £3* Text [Ability](tel:0800269545) to 84858

My Computer *My Way* A Guide to Making Your PC Accessible

Do you need help in making your computer easier to use? My Computer *My Way!* looks at the many ways you can make your keyboard and mouse, Windows, the internet and your favourite applications suit you and your needs.

Why Customising a Computer is Important

Every computer user is an individual – different sizes, shapes, heights, weights, ages, etc. Yet the computer we may spend hours on each day is set up to meet the needs of an amorphous average person, all sat at the same desk, using the same chair and with the same reach and grip.

We spend more time choosing a kettle than we do choosing a set up for our computer which might reduce discomfort, enable access or make us more productive.

My Computer *My Way!*

The My Computer *My Way!* website, supported by Microsoft, is about making your computer suit your needs - instead of expecting you to conform to the average.

It includes step by step guides to making your computer easier to use and more enjoyable, divided into the following sections:

- Help with Seeing the Screen
- Help With Using Your Keyboard and Mouse
- Help With Language and Reading

Most of the solutions are standard in Windows or available through software you can download for free.

This valuable resource also provides information on further solutions that may help those with more severe or multiple difficulties.

www.abilitynet.org.uk/myway

My Computer *My Way!* is only a beginning in helping those who find using a computer difficult. There is much more information to be found on the main AbilityNet website, www.abilitynet.org.uk. Or you can access our other personal and corporate services by calling our helpline on 0800 269545, or e-mail us at enquiries@abilitynet.org.uk

* Messages charged at standard rate. You will receive two confirmation messages charged at £1.50 each. AbilityNet will receive your donation net of charges applied by mobile network operators and a processing fee. If you have any questions regarding this service, please call 020 7549 2222.